

BABYSITTER BASICS Things you need to know about our home & family in one easy place

WELCOME TO OUR HOME!		WHERE we'll be
Address		
Parents' names		WHEN we'll be home
Phone #	🗅 call 🖵 text	
Phone #	🗅 call 🗋 text	
Kids' names / ages		WiFi
		Are friends allowed over?
Pets' names		Other expectations
Emergency contact		
		_
E FOOD & DRINKS		
Mealtime		How to use our TV
Feed them		Screen time limit
Snacks? 🗋 yes 🗋 no If so		Other info
No food or drinks after		
Food allergies		
Help yourself to		In case of an emergency, dial 911
Other info		Poison control 800.222.1222

🖕 BATH & BEDTIME

Bath time

Bath time routine

Nap time

Bedtime

Sleep routine

Other info

Pediatrician info

Insurance holder

Insurance policy #

First aid kit located

Other info

Thermometer/medicine located

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